

VTCT Level 3 Certificate in Swedish Body Massage

Who is the course for?

This course is an excellent introduction to basic Swedish body massage and is suitable for therapists working in the Industry wishing to add to their skills. During this course you will learn a basic massage routine including the face and scalp. You will be able to confidently provide a relaxing, hour long treatment.

What does the course?

- Health, Safety, Security and Employment Standards
- Anatomy and Physiology
- Equipment and products used
- Preparation of treatment room, trolley and client
- Client Consultation
- Contra-indications and contra-actions (adverse reactions)
- Posture Analysis
- Massage mediums
- Full Swedish massage routine
- Aftercare advice

All products and tools are provided for the training days at the centre when you attend. No kit is required to complete the training days, nor included in the course fee; however is it advisable to purchase a kit for your home practical use (case studies). Please speak to your training co-ordinator who can assist you.

Entry Requirements:

You will need to be 18+ years old. You will need to complete the VTCT (ITEC) Level 2 award in Infection Prevention (COVID-19) for complimentary Therapies and Sports Massage. This can be completed at home at your leisure but there is a small exam to be completed at the centre. There is a £20 registration fee. You will also need a good understanding of English to complete your assignments and exam.

Course Structure:

Structured, supported self-study will be expected from all learners. You will have assignments to complete as evidence of knowledge & understanding. Theory and all practical will be conducted at the centre. Once you have completed all training and coursework, we will arrange for you to attend to do your practical and multiple-choice exam day to achieve your VTCT qualification. This course includes the related Anatomy and Physiology.

Course Duration:

You will need to complete 5 practical sessions Completion of home study and assignments before attending your practical and multiple choice exam.

What will I receive when I complete the course?

Once you have successfully completed the course and your assessments, you will receive a VTCT recognised qualification. This will enable you to obtain public liability insurance.

How much does the course cost?

Introductory price of £689 includes VTCT registration and exam fees

Deposit required: £100**Practical Sessions:**

If you do not see any convenient dates listed, flexible dates are available on request.

Many courses can be started anytime, and we can arrange a personal plan to fit around any commitments you may have.

To book this course call: 01474 329 164 / 07803 788818

Monday – Sunday 10am – 5pm

We are here to support you during and after your course.